

Updated October 2025



matt talbot kitchen & outreach

COMMUNITY RESOURCES PACKET

2121 N. 27th St., P.O. Box 80935

Lincoln, NE 68501

Phone: (402) 477-4116 Fax: (402) 477-4118

info@mtko.org

mtko.org

Matt Talbot Kitchen & Outreach is an equal opportunity provider.

CONTENTS

01	Matt Talbot Kitchen & Outreach Services
03	Meals and Food Distribution
05	Employment Assistance
06	Clothing Resources
07	Housing, Emergency Shelter, & Utilities Assistance
09	Medical Resources
10	Domestic Violence Help
11	Landlords



2121 N. 27th St., P.O. Box
80935 Lincoln, NE 68501
Phone: (402) 477-4116 Fax:
(402) 477-4118 mtko.org
info@mtko.org

Agency Hours: We are open Monday – Friday 8:30 am – 6:30 pm except on Thursdays when we are closed from 1 pm – 5 pm. We are open on weekends for meals only.

Meals: Lunch and dinner is served every day (7 days a week) from 11:30 am – 12:30 pm and 5:30 pm – 6:30 pm.

Fresh Choice Food Pantry: People in need of food assistance can select fresh and shelf-stable food from our pantry monthly. The pantry is open on Mondays (1 pm – 3 pm), Wednesdays (1 pm - 3 pm), Thursdays (5 pm - 6:30 pm), and Fridays (1 pm – 3 pm). To sign up for a time to visit the pantry, talk with someone at the outreach desk between 11 am - 1 pm. People unable to come when the pantry is open can request a non-perishable food box during outreach hours (Monday – Friday from 11 am - 1 pm and 5:00 pm - 6:30 pm) or by appointment.

Mailing Address and On-Site Message Service (for people experiencing homelessness): Speak with an outreach staff member to get enrolled in this program. Mail pick-up times are Monday – Friday from 11 am – 1 pm and 5 pm - 6:30 pm or by appointment. Messages are posted on the board in the dining room.

Homeless Identification Program: Assists people with obtaining birth certificates and Nebraska State IDs. Due to limited funds, a letter on agency letterhead from a case worker stating that the person in need is working on life goals is required. Must be experiencing homelessness and be without income to qualify. Talk with staff during outreach hours (Monday – Friday from 11 am - 1 pm and 5:00 pm - 6:30 pm) or call to schedule an appointment.

Showers and Laundry Services (for people experiencing homelessness): Available Monday – Friday at no cost. Call for eligibility guidelines. Must meet with a staff person during outreach hours (Monday – Friday from 11 am - 1 pm and 5:00 pm - 6:30 pm) or by appointment before using the service for the first time.

Substance Use Services: Substance use counseling and drug/alcohol evaluations are available for people experiencing homelessness who are 19 years old or older. Contact Chris Hruza at 402-817-0608 for more information. An 8 and 15- hour Alcohol and Drug Education class occurs quarterly and is open to the community for a fee. Register for classes at mtko.org.

Weekly AA Meeting: The meeting is held every Tuesday at 5:05 pm. You are welcome to stay for dinner which is served until 6:30pm.

CEDARS Street Outreach Services (S.O.S.): Provides street-based services to homeless and at-risk youth under age 21. SOS staff provide support to youth as they work to leave the streets for safe shelter. SOS offers crisis intervention, access to CEDARS shelter, food, transportation, and personal hygiene items. SOS staff are at Matt Talbot on Wednesdays from 5 pm - 6 pm. For more information call 402-560-9356 or 402-560-9354.

Foot Clinic: Nursing and physician assistant students from Union Adventist University provide adult foot care, including soaking feet and trimming toenails. Individuals receive free socks and are eligible for free shoes once a year. Clinics are held in the fall and spring. Talk with staff during outreach hours (Monday – Friday from 11 am - 1 pm and 5:00 pm - 6:30 pm) for more information.

Lincoln Lancaster County Health Department: Provides flu and other immunizations during the winter months.

SNAP/Food Bank: A representative from the Food Bank is here on Mondays and Wednesdays from 10:30 am – 12:30 pm and on Fridays from 12:15 pm – 2 pm to assist individuals with getting and keeping SNAP. Please note, they are not able to help obtain Medicaid.

Sober Housing and Case Management: Available to those struggling with substance use and homelessness. Contact Chris Hruza, LADC at christopher.hruza@mtko.org or 402-817-0608 for more information.

Gasoline Vouchers: Available on the first business day of the month. Must have proof of insurance, a valid driver's license, and current automobile registration. Individuals can receive one voucher every 6 months.

Haircut Vouchers: Available once every 30 days. Vouchers can be redeemed at the College of Hair Design downtown on Wednesdays. Speak with outreach staff Monday - Friday from 11 am – 1 pm or 5 - 6:30 pm for more information or to obtain a voucher.

MEALS AND FOOD DISTRIBUTION

MEALS

AGING PARTNERS SENIOR CENTERS

Hot meals and snack lunches are provided at most centers Monday - Friday. A \$5 suggested donation. Call the center two days in advance. Transportation and home delivery may be available.

- Belmont – 1234 Judson St. | 402-441-7900
- Northeast – 6310 Platte St. | 402-441-7158
- Asian Center – 144 N 44th St. Ste. A | 402-477-3446 (Lunch on Wednesdays Only)
- Victory Park - 600 S. 70th St. 402-441-7154
- Washington Street- 2225 Washington St. 402-441-7157

THE BRIDGE CONNECT

721 K St | (402) 477-3951 | <https://thebridgenebraska.org/services/>

A low-barrier drop-in center open from 4-9 pm (Monday-Friday). A welcoming space for housing-insecure adults that offers warm meals, a safe space to relax, supportive connections, and a place to charge devices like phones. Safe kennels and treats provided for pets. No ID required.

THE GATHERING PLACE

1448 E Street | 402-476-7398

communityactionatwork.org

- Evening meals served seven days a week from 5 pm - 6 pm.

FOOD DISTRIBUTION

BARNABAS COMMUNITY

931 Saunders Ave | 402-742-0035 | barnabascommunity.org

- Sack lunches at noon on Tuesdays. Breakfast and sack lunches at 9 am on Saturdays. Dinner at 6 pm on Thursdays.

CENTER FOR PEOPLE

3901 N 27th Street | 402-476-4357 | centerforpeople.org

The People's Pantry offers access to fresh, shelf-stable, and culturally relevant foods every week to individuals and families. A Clarity card is required to participate.

FOOD BANK OF LINCOLN

402-466-8170 | lincolnfoodbank.org/get-food

- Check website for monthly food distribution schedules.
- Check website for services for youth and family services (backpack program, school markets, emergency pantries, and summer food programs). Contact your child's school for more information.

FOODNET

402-416-6197 | foodnetlincoln.org

Perishable foods (fruits, vegetables, dairy, bread, etc.) for all families. Check the website for locations and times.

GOOD NEIGHBOR COMMUNITY CENTER (GNCC)

2617 Y St. | 402-477-4173 | gncclincoln.org

- Mon + Wed, 10 am-12 pm: Perishable food (fruits, vegetables, dairy, bread). No appointment required.
- Mon-Thurs, 10 am-12 pm, 1-2 pm / Fri 10 am-12 pm: Non-perishables (canned goods, frozen meat, beans, pasta). Appointment required.

PEOPLE'S CITY MISSION HELP CENTER

6800 P St. | 402-475-6888

pcmlincoln/help-center/.org

- Food baskets are available once a month.
- Individuals must be at 200% of the federal poverty level or below and have (or be willing to get) a Clarity card.
- Register to shop on Tuesdays (9 am - 11 am) or Thursdays (1:30 pm - 3 pm)
- Shopping hours: Mondays and Tuesdays from 12:30 pm - 2:30 pm and Fridays from 9:30 am - noon. Arrangements to shop can be made on Wednesdays from 4:30 pm - 6:30 pm if needed.

SALVATION ARMY

2625 Potter St. | 402-474-6263

- Food pantry open Tuesdays - Friday from noon - 3:30 pm with produce and bread distribution Tuesdays and Fridays from 10 am - 11 am.
- Mobile food distribution is stationed at F Street Community Center on Saturday nights (October - April).

WIC (WOMEN, INFANTS & CHILDREN)

dhhs.ne.gov/WIC | 402-441-8655

- Nutrition program for pregnant women, new mothers, and young children.
- Provides healthy food, breastfeeding support, and nutrition education.

EMPLOYMENT ASSISTANCE

AMERICAN JOB CENTER

1330 N St. Suite A | 402-441-1640 | ajc.lincoln.ne.gov/

EQUUS WORKFORCE SOLUTIONS

3720 N 27th St | 402-458-4929 | equusworks.com

FREE CLOTHING

BARNABAS PROJECT

931 Saunders Avenue | 402-742-0035

- Store open Tuesday 12–3pm, Thursday 9am–12pm + 6–8pm, Saturday 10am–2pm
- Free clothing and household items
- Shopping times are handed out a half hour before the store opens

CATHOLIC SOCIAL SERVICES – THRIFT STORE

2241 “O” Street | 402-474-1600

- Gift cards are available to those experiencing or at risk of homelessness once every 30 days.

CONNECTION POINT CAREER CLOSET

1333 N 33rd Street | 402-413-0017

- Tuesdays & Thursdays from 2–4pm
- For anyone who has an upcoming job interview or is starting a new position and needs career-appropriate clothes. No appointment needed. A volunteer will assist you in selecting clothing.

GOOD NEIGHBOR COMMUNITY CENTER

2617 “Y” Street | 402-477-4173

- Shopping floor open Tuesdays & Thursdays from 10am–noon and 1 – 3pm
- No appointment needed (ID or Clarity Card required)
- Hygiene items available

PEOPLE’S CITY MISSION DISTRIBUTION CENTER

6800 P Street | 402-475-6888

- New Registration Tues -9:00–11:00 am and Thurs 1:30–3:00pm
- Mon + Tues: 12:30–2:30pm
- Wed: 4–6pm (only for those that can not shop any other time)
- Fri: 9:30am–noon

HOUSING, EMERGENCY SHELTER, & UTILITIES ASSISTANCE

AGING PARTNERS

1005 "O" Street #300 | 402-441-7070 | lincoln.ne.gov/City/Departments/Aging-Partners

- Listings only: subsidized & retirement housing, nursing homes, and special-needs facilities
- Handy Home Services: Low-cost assistance with minor home maintenance & yard work. For ages 60+; call to sign up

CATHOLIC SOCIAL SERVICES

2241 "O" Street | 402-327-6211 | cssisus.org

- Call to request an assistance appointment on Monday mornings starting at 9 am. Ten in-person appointments are available each week and are scheduled for the following day
- Immigrant Resettlement Program by appointment only

CEDARS YOUTH SERVICES

6601 Pioneers Blvd #1 | 402-434-5437 | cedarskids.org

- Short-term care for youth ages 12-18 who do not have immediate access to a safe or appropriate living arrangement.

COMMUNITY ACTION PARTNERSHIP

210 "O" Street | 402-471-4515 | communityactionatwork.org

- Emergency Services Program offers one-time rent, deposit & utility assistance. Call 402-471-4515.
- Tenant Support Services program provides information on tenant rights, eviction prevention, and mediation (no legal representation). Call 402-875-9353.

DHHS LIHEAP

800-383-4278 | dhhs.ne.gov/pages/energy-assistance.aspx

- Program providing low-income households with financial assistance to offset the cost of heating and cooling

LINCOLN COMMISSION ON HUMAN RIGHTS

555 S 10th Street | 402-441-7624 |

lincoln.ne.gov/City/Departments/City-Attorneys-Office/LCHR

LINCOLN HOUSING AUTHORITY

5700 R Street | 402-434-5500

- Affordable, safe & decent housing and rental assistance for qualified individuals & families

PEOPLE'S CITY MISSION

110 Q Street | Phone: (402) 475-1303 | <https://pcmlincoln.org/>

- Emergency shelter
- Temporary shelter program for me
- Temporary shelter program for single women and women with children
- Guests can receive 3 meals daily, personal hygiene items, employment assistance, case management, education, referrals, and drug testing when necessary.

SALVATION ARMY

2625 Potter Street | 402-474-6263

- Utility & rent assistance
- Funds for home repairs

ST. VINCENT DE PAUL

402-435-7968 | dhhs.ne.gov/pages/energy-assistance.aspx

- Rent, utility, and emergency needs. Takes calls Mon, Tues, Thurs, Fri 10am-12pm and Wed 5:30-7:30pm.

For situations of domestic violence or human trafficking, please refer to page 10, Domestic Violence Help, as additional shelter is available for victims of abuse.

MEDICAL RESOURCES

CENTERPOINTE

2202 S 11th Street | 402-475-5161 | centerpointe.org

- Specializes in mental health and substance use treatment, primary care services, 24-hour crisis response, and more.

CLINIC WITH A HEART

1701 S 17th Street | 402-421-2924 | clinicwithaheart.org

- Free services including chiropractic, dental, medical, mental health, podiatry, vision vouchers, and school physicals

LUTHERAN FAMILY SERVICES: HEALTH 360 INTEGRATED CARE CLINIC

2301 O Street | 402-441-7940

- Mental Health and Primary Care

LINCOLN LANCASTER HEALTH DEPARTMENT

3131 O St | (402) 441-8000

NEBRASKA AIDS PROJECT

127 S 37th St A | 402-476-7000

PEOPLE'S CITY MISSION FREE CLINIC

401 N 2nd Street | 402-817-0980

- Free medical

PONCA HEALTH LINCOLN

1600 Windhoek Drive | 531-248-3030

- Provides medical, dental, behavioral health, and public health services to American Indians and others eligible for Indian Health Services

DOMESTIC VIOLENCE RESOURCES

FRIENDSHIP HOME

700 R Street | Crisis Line & Safety Planning: 402-475-7273

- Helps survivors of domestic violence find physical and emotional safety through crisis services, emergency shelter, and transitional housing.

NATIONAL DOMESTIC VIOLENCE HOTLINE

800-799-7233

VICTIMS CRIME UNIT

402-441-7181

- The Lincoln Police Department's Victim Assistance Unit provides a free public service to victims and/or witnesses of crime, as well as those impacted by suicide. The Lincoln Police Department created this unit to better serve its citizens who have experienced the trauma of victimization or suicide.

VOICES OF HOPE

2545 N Street | Office Line: 402-476-2110 | Crisis Line: 402-475-7273

- Provides services to victims of all genders who are faced with the traumatic aftermath of sexual assault, domestic violence, stalking, human trafficking, incest, and childhood abuse.

LANDLORDS

PROPERTY MANAGERS & LANDLORDS

- AFC REALTY | 402-525-3630
- APPLETON APARTMENTS | 402-466-0282
- ARROW CAPITAL | 402-875-5555
- BEST CHOICE (KEITH MORRIS) | 402-477-4126
- BRIDGEPORT | 402-477-4228
- CASA PROPERTY MGMNT, INC | 402-499-5511
- CASE MARANVILLE | 402-770-5117
- CORNHUSKER PROPERTY | 402-540-6047
- DENNIS SEINHAUSER | 402-560-3957
- DON PEARSON | 402-310-0175
- DONNA TUCKER | 402-326-3670
- FIRST CHOICE PROPERTIES | 402-450-5674
- GARMEL PROPERTIES | 402-440-3671
- JACK IRONS (OPEN RANGE PROPERTIES) | 402-202-8899
- JR RENTALS | 480-208-0169
- KABREDLOS | 402-742-9148
- KARL RONNING | 402-560-1080
- LINCOLN LIVING | 402-473-2926
- LIVING DOOR REAL ESTATE | 531-530-3500
- LOUANN (JTT INVESTMENTS) | 402-438-4088
- MARK RAY | 402-805-0209
- MIKE DIECHERT | 402-441-2177
- NEBRASKA RIS | 402-435-5000
- PARKVIEW APTS | 402-742-7493
- PERFORMANCE PROPERTY MANAGEMENT | 402-261-5828
- RD HINKLEY | 402-466-1686
- REALTY WORKS | 402-483-1214
- RENT GREAT PLACE PROPERTIES | 402-704-3363
- RENTO | 402-875-3139
- THE AMBASSADOR/PRESIDENT APARTMENTS | 402-474-4606
- TOM MYER | 402-314-5697
- VI HERNDON | 402-499-7600
- WATERBROOK | 402-477-1818

ONLINE RESOURCES

- www.zillow.com
- hotpads.com
- RentalAssistance.html-l-housing
- www.apartments.com



matt talbot
kitchen & outreach

BOLD HOPE

Resources may have changed after publication.

For additional and current community resources, visit:

<https://mylnk.app/home>

<https://communityrelay.com/>